**2017 Swim Team (Stingrays & Little Stingrays) Practice Times**

Dear Parents & Guardians,

Please do not talk to the coaches during practice. They need that time to focus on our kids. ☺

**Have questions about your swimmer or information for the coaches?** Please email the Stingray head coaches at mtspcoaches2017@gmail.com or Little Stingrays’ Coach Ashley at littlestingraysmtsp@gmail.com. Thank you for your cooperation!

We’re making memories. Let’s make them good ones! ☺

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 **Afternoon Practice: Stingrays Only (not Little Stingrays)**

**Tuesday, Wednesday, & Thursday (May 16th – 19th & May 22rd – 24th)**

**4:00 - 4:45 – ages 8 & under**

**4:45 - 5:30 – ages 9 - 12**

**5:30 - 6:15 – ages 13 – 17**

***NO practice Thursday, May 25th - Pool Opens /Last Day of School***

**Regular Morning Practice:**

***NO practice***

***Monday, May 29th - Memorial Day***

***Tuesday, July 4th***

***NO extra coach time on days following a meet (Thursdays).***

**Stingrays (Monday – Friday, beginning Friday, May 26th)**

**8:00 - 8:45 – Extra Coach time: For kids that cannot make regular practice times, stroke help, extra laps, and VBS/camp makeup.**

**8:45 - 9:30 – ages 9 – 12 AND 6 & under
9:30 - 10:15 – ages 7 & 8
10:15 - 11:00 – ages 13 & up**

**Little Stingrays (Monday – Friday, beginning Monday, June 5th through July 6th)**

**9:30 – 10:00**

**10:00 – 10:30**

**Try-outs: May 30th, 31st & June 1st, 9:30 – 10:30 a.m.**

**Placement notification – Friday, June 2nd**

**Mornings after swim meets (Thursdays) – FUN DAY!**

**Ribbons & recognition will be given followed by FUN!**

**(Encouragement & recognition at every opportunity!)**

**9:30 - All Age groups *NO extra coach time at 8:00 a.m.***

***Evening* Practice: Tuesdays & Thursdays (beginning Tuesday, May 30th)**

**Practice is for swimmers that cannot make regular practice times or need stroke/turn help.**

**5:30 - 6:00 – ages 8 & under**

**6:00 - 6:30 – ages 9 - 12
6:30 - 7:00 – ages 13 & up**

**IMPORTANT EVENTS:**

**Swim team registration and sign-up: May 1st online registration & payment begins**

* **Register by May 15th to have swimmer’s name on team t-shirt.**
* **Complete sign up at Open House or the Kick-Off Party**

**Open House: Sunday, May 7th: 2:00 - 4:00 p.m.**

**Kick-Off Party: Monday, May 15th: 4:30 - 6:30 p.m. (at the pool) Team can swim!**

* **Dinner available for purchase.**
* **Team swim suits available for purchase from First Place Athletics**
* **Team swim gear available for purchase**
* **Weather Contingency Location: TBD**

**Time Trials: Saturday, May 20th: 10:30 a.m. - 12:30 p.m.**

* **Times are needed for the first dual meet the following Wednesday, May 31st.**
* **Coaches will create the meet over Memorial Day weekend to turn in on Monday**

**(required by RCSL).**

* **Time Trials help determine in which events your child will swim.**
* **It’s important to get accurate times to benefit individual swimmers and the team.**
* **Runs like a regular swim meet.**

**Parent Orientation: Sunday, May 21st: 6:00 - 7:00 pm, \*Adults Only Please\* (Poolside)**