**2018 Swim Team Practice Times & Event Dates**

Dear Parents & Guardians,

Please do not talk to the coaches during practice. They need that time to focus on our kids. ☺

Our coaches are happy to hear from you, so please email the Coach at [mtspringspool@gmail.com](mailto:mtspringspool@gmail.com), and she will contact you. Thank you for your cooperation!

We’re making memories. Let’s make them good ones! ☺

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**PRACTICE:**

**STINGRAYS Afterschool Practice: May 15th (Tue) THRU May 18th (Fri) & May 21st (Mon) – 23rd (Wed)**

**4:00 - 4:45 ages 8 & under**

**4:45 - 5:30 ages 9 - 12**

**5:30 - 6:15 ages 13 – 17**

***Thu, May 24th - NO practice – Pool Opens /Last Day of School***

**STINGRAYS Morning Practice: Mon - Fri (beginning Fri, May 25th)**

**8:30 - 9:15 ages 8 & under  
 9:15 - 10:00 ages 9 – 12   
10:00 - 10:45 ages 13 - 17**

***Mon, May 28th - Memorial Day, NO practice***

***Wed, Jul 4th – NO practice***

**Mornings after swim meets**

**9:30 All Age groups**

**Swimmer celebrations followed by FUN team building activities!**

**(Encouragement & recognition at every opportunity!)**

**EVENING Practice: Mon, Tue & Thu (beginning Tue, May 29th)**

**Practice is for swimmers who cannot make regular practice times or need stroke/turn help.**

**5:00 - 6:30 All age groups**

* **Replaces extra coach time.**
* **Rolling practice (drop in at any time)**

**LITTLE STINGRAYS (beginning Tue, May 29th)**

**9:00 – 9:30 a.m./9:30 – 10:00 a.m. (TBD – based on enrollment numbers)**

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**IMPORTANT EVENTS:**

**Swim team registration and sign-up: Apr 16th online registration & payment began**

* **Register by May 14th to have swimmer’s name on team t-shirt.**
* **Pay by VISA or Master Card (online)**
* **Pay by check or cash at Kick-Off Party/Open House**

**Kick-Off Party & Open House: Mon, May 14th: 4:30 - 6:30 p.m. (at the pool) Team can swim!**

* **Dinner available for purchase from Norm’s food truck.**
* **First Place Athletics onsite with team swim suit, goggles, practice suits for purchase**
* **Team swim gear available for purchase**
* **Weather Contingency Location: TBD**

**Time Trials: Thu, May 31st during each age groups’ practice time (Weather make up: Jun 1st)**

* **Times are needed for the first dual meet the following Wednesday, Jun 6th.**
* **Time Trials help determine in which events your child will swim.**
* **It’s important to get accurate times to benefit individual swimmers and the team.**

**Parent Orientation: Sunday, May 6th: 6:00 - 7:00 pm, \*Adults Only Please\* (Poolside) Topics include:**

* **How a dual meet runs & related volunteer roles**
* **Meet your swim team coordinator/RCSL rep & coaching staff.**