

# Little Stingrays Schedule & Information

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## ***Swim Instruction Times:***

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- Tuesday, May 28<sup>th</sup> through Friday, May 31<sup>st</sup>
  - 9:30 - 10:00 a.m. for all
  - After we see how the group shakes out, we may divide the team into smaller groups meeting at different times (likely 9:30 – 10:00 and 10:00 – 10:30).
- Monday - Thursday - Friday
  - June 10<sup>th</sup>, 13<sup>th</sup>, 14<sup>th</sup>
  - June 17<sup>th</sup>, 20<sup>th</sup>, 21<sup>st</sup>
  - June 24<sup>th</sup>, 27<sup>th</sup>, 28<sup>th</sup>
  - July 1<sup>st</sup>, 5<sup>th</sup> (no instruction on July 4<sup>th</sup>)
- Monday through Friday (entire week)
  - July 8<sup>th</sup> through 12<sup>th</sup>
- Wrap up celebration is on
  - Friday, July 12<sup>th</sup>.

**NO instruction the week of June 3.** Kathleen will be teaching SPLASH CAMP, with ARTS 'n AUTISM, in Tuscaloosa.

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## ***Swim Meet Participation:***

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- We'll look to offer our Little Stingrays a dual meet event during our home meets,
    - June 12 and July 3.
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## ***Swim gear:***

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- Any bathing suit will do.
  - Purchase of a team swimsuit is optional (not required).
  - Goggles are a help
  - I recommend SPEEDO HYDROSPEX Juniors, after the included silicone strap breaks, replace with a good bungie strap and these can last forever! DO mark your goggles...brightly-colored nail polish is a good way to easily identify your child's goggles.
  - Hair needs to be tied back if longer than chin-length.
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## ***How to communicate:***

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- This email address, [kwalslh2o@gmail.com](mailto:kwalslh2o@gmail.com) is the best way to reach the instructor, Kathleen Walsh.
  - Text cell phone# 203-952-6624
  - Kathleen will always do her best to reply within 24 hours.
  - If you have a more immediate need, you can always leave a message for Kathleen at the pool (256-539-7624).
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## ***Little Stingrays Facts***

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- Little Stingrays is geared toward children 4-8 years old who have not been on swim team and/or are not ready to compete.
- Non-member child (parent/guardian is not a Mt. Springs Swim Club member) can participate if space allows.
- Our Little Stingrays group instruction will help children develop the skills and confidence needed to move up to our Stingrays group when ready. (Note: One must be a Mt. Springs Swim Club member to join the Stingrays group.)

- Little Stingrays is for children who can swim independently across the pool demonstrating basic stroke technique.
- Swimmers must be comfortable with their faces under water and able to move across the water surface without touching the bottom of the pool.
- The goal is to further develop stroke proficiency and endurance and will include basic diving.
- Children will be assessed and grouped by ability.
- This is a great way to be part of the swim team without the pressures of volunteering or competing.
- Please come and watch a home meet to start to gain an understanding of how meets are run.
- Swimmers can move up to the Stingrays competing team during the season if approved by the Little Stingrays lead instructor and the Stingrays head coach.
- Little Stingrays do not start practice until after the school year ends.
- Little Stingrays' names will be on the swim team t-shirt if registered by the deadline.
- Little Stingrays are welcome to attend team outings.
- Little Stingrays are invited to the kick-off party if the Little Stingrays lead instructor will be there to meet and interact with your Little Stingray. (Check with the Little Stingrays instructor.)
- The end of season banquet is limited to the Stingrays competing team, unless attending as a sibling of a Stingray.
  - We may have a separate end of season social event for the Little Stingrays.
  - Let us know if you would like to coordinate such an event.