

Welcome to the 2023 Season of Mountain Springs Stingray (AND LITTLE STINGRAYS) Swimming!!

First, let me introduce myself, my name is Scott Hulgan, and I am the new Swim Team Parent Rep. I have had at least two swimmers at Mountain Springs since 2016 and currently have Kate who is 10 and Ryan who is 14. I am very excited to work with this WONDERFUL group of Coaches, parents, swimmers, and volunteers to make this a FUN Summer.

Second, **SWIM Team Registration** is VERY SIMPLE this year. Login to MemberSplash @ <https://mountainsprings.membersplash.com>. This is the SAME link where we ALL registered and paid for our pool membership. Select **Payments>Make A Payment** then scroll down to Swim Team Fee.

1 - click on the [link](#) under that section to register your swimmer(s). Fill out a form for EACH swimmer. The very last question requires you to acknowledge "YES" to printing a form (Click the [Link](#)). PRINT the forms for EACH child, SIGN, and TURN IN before 1st meet. Opportunities: Open House, Evaluations, Parent Meeting, Email (stingraystsp@gmail.com), PO BOX, etc. *** Rocket City Swim League is Requiring these forms BEFORE your child can swim ***

2 – Go back in & select how many swimmers you have from the drop down, how many Swim Tee Shirts you want, and payment method at the bottom. **YOU MUST PAY TO BE REGISTERED**. The shirt sizes are on the Registration form. Parent shirts will be available at a later date. None of the other boxes on MemberSplash apply to Swim Team.

Third, this email is checked and used by both myself and our Head Coach(es). If you have ANY questions, just simply REPLY to this email and one of us will answer. You will receive COACH emails WEEKLY (sometime DAILY) once the season starts about practices, meets, entries, etc. **If you have ANY urgent questions or issues, please TEXT me any time @ 256-655-0575.**

2023 Coaching Staff

We are pleased to announce that we have MANY of our great coaches returning from the past 4+ years and that is why we have a somewhat unorthodox Coaching Staff because of the inseparable experience, knowledge, and Leadership provided by our THREE Co-Head Coaches!! They have been swimming **together** AT Mountain Springs since they were little and have been Coaching **together** at Mountain Springs since they were 15. All our Coaches have High School Swim and Huntsville Swim Association experience as well.

Head Coach(es) - Lauren Overton, Claire Brandon, Sophie Brandon
Gabriela Comulada - Assistant Coach & Little Stingrays
Nolen Peffer – Assistant Coach
Brock McDonald – Assistant Coach
Bobby McDonald – Coaching Intern

Little Stingrays Growing-up

Because of the importance of the development of our young swimmers and the passion that our Coaches have for this Program, we have made the decision to bring this Program under the umbrella of the “BIG” Stingray team. The past few years we have had some swimmers that have been very successful advancing through the Little Stingray Program onto the Team quickly. What this will look like for parents is that we will now have one registration (today). **EVERYONE SIGN UP USING THIS LINK IN THIS EMAIL.** We will hold evaluations for all first-year swimmers on Saturday, May 13th. Based on these evaluations, we will divide our young swimmers into two skill groups and then work with them based on their individual needs. Four of our Coaches have MANY years of experience coaching our Little Stingray Program and trust me when I say it is a passion!! The competition group will practice as part of the 8U group and the developmental group will practice later.

Swim Team Tee Shirts

As has already been mentioned, Shannon Younger has graciously stepped up and will be handling our Tee Shirts again this year and we are including the \$25 cost in the MemberSplash registration. As of right now, Tee Shirt orders in Registration are only for our Swimmers but we will have them for parents at a later date.

Dates to Remember

These have already been posted on Facebook and sent via email, however here they are again:

May 7th (Sunday)– Pool Open House – First Place Athletics will be on-site selling Swim Team gear (including OUR team suits - TYR Vitric- Blue suits - These are new for 2023 and IN STOCK) https://www.tyr.com/ssearch?q=vitric#/filter:primary_color:Blue Our suits the past two years are discontinued, however you are welcome to continue to wear them as I went with a similar color scheme. We encourage you to buy from 1st Place Athletics (just tell them you are from Mountain Springs, but you can buy online (link above). As a parent who has bought MANY suits, I tried to get as easy and as CHEAP as possible.

May 13th (Saturday)– Swim Evaluations – 9-11am – evaluations are for ALL 1st year swimmers, no matter what age. We want to get to know all our new swimmers AND parents and we want you to get to know our Coaches.

May 15th (Monday)– Practice Starts – See Practice schedules below – we will have a schedule for May 15-24th and then a different schedule when school gets out on May 24th. Please let the Coaches know if your school gets out a different day.

May 23rd (Tuesday)– Parent Meeting/Time Trials/Intersquad Meet – This is our Annual get to know each other and practice swim meet. We have timer, judges, starters, etc. most years and it kind of gets the kids ready for the season.

May 31st (Wednesday) - @ Sharon Johnston (SJST) – [783 Coleman Rd, New Market, AL 35761](#)

June 7th (Wednesday) – HOME vs Hampton Cove (HAMC)

June 10th (Saturday) – **The Stingray Saltwater Invitational** – 1st Annual Swim Meet hosted by Mountain Springs. This is an optional meet to allow swimmers to get EXTRA times and compete against more swimmers in the City. Hopefully, this is a great fundraiser for the swim team and will be a fun Saturday morning!!

June 14th (Wednesday) - @ Mount Carmel (MCST) – [385 Mount Carmel Rd, Huntsville, AL 35811](#)

June 21st (Wednesday) – HOME vs Camelot (CAML)

June 28th (Wednesday) – HOME vs Whitesburg (WHBG)

July 6-9th (Thurs-Sunday) – City Meet

July 10th (Monday) – Swim Team Banquet

Stingray Practice Times

May 15th – May 24th

Monday-Friday

8&Under.....4:00-4:45

9-10.....4:45-5:30

Little Stingrays...5:15-5:45

11-12.....5:30-6:15

13&Up.....6:15-7:00

Starting May 25th

Mon, Tues, Wed, & Friday:

8&Under..... 8:00-8:45

9-10.....8:45-9:30

Little Stingrays.....9:15-9:45

11-12.....9:30-10:15

13&U.....10:15-11:00

Thursday Practice - 9:30 for ALL SWIMMERS

Stroke & Turn Clinic - 5:00-6:30 Tuesdays and Thursdays during the season.

Thank you ALL and I hope we all have a GREAT Summer!!

Go Stingrays!!

Scott Hulgan

256-655-0575

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