

## **Job Title:** Head Swim Team Coach

### **Job Summary:**

Position is responsible for creating, writing and implementing swim workouts for team members (in and out of the pool). Conduct practices while encouraging and motivating each child. Create swim meets and determine entries for each child. Provide constructive feedback and instruction to all swimmers and improve competitive swimming skills for swimmers ages 4-17. Foster an inclusive, team focused, positive work environment.

### **Responsibilities:**

- *Reports to the Swim Team Coordinator (“Rep” RCSL Representative)*
- *Work with the Swim Team Coordinator to*
  - *Communicate with parents, Board and swim club members about meets, practices and team competitive and social events in a timely manner*
  - *Send out weekly “message from the coach” to parents/swimmers.*
  - *Plan and conduct team competitive and social events*
    - *Be present and engaged with all ages of swimmers during team-building social events.*
  - *Handle pressures from parents, swimmers, coaches, board members, and officials with respect and professionalism.*
- *Understand that you are a role model for swimmers and coaches, and your actions, on and off the pool deck, must reflect that standard. (Refer to Coach Expectations document.)*
- *Have a working understanding of Rocket City Swim League rules of competition, city meet scoring, Top 16 RCSL times, etc.*
- *Prepare, conduct and administer swim practices and meets for the Stingray team.*
  - *Administer team attendance.*
  - *Create meets for our team using swim meet software.*
  - *Reach out to opposing team coaches to build meets*
  - *Set-up and break down pool and pool deck area for practices and swim meets*
    - *Arrive 15 minutes early to practice to prepare the pool/pool deck.*
    - *Arrive 1.5 hours early to dual meets to prepare the pool/pool deck.*
  - *Meet with assisting coaches regularly to ensure progress toward the season plan*
  - *Attend Rocket City Swim League meetings*
  - *Attend Swim Club Board meetings as requested*
- *Provide motivation & instruction for the skill development of ALL team members & assisting coaches.*
  - *Post pool records and current season “top three” times for each event at the pool after each dual meet. (This allows swimmers/parents to have an idea of where they stand in terms of City Meet entries.)*
  - *Provide positive feedback on technique and stroke work.*
  - *Motivate swimmers to do their best. Cheer on every swimmer.*
  - *Be a constant presence on the pool deck while coaching.*
  - *Deliver individual cheer signs to each swimmer’s residence the week of City Meet.*
- *Maintain team equipment*

### **Qualifications:**

- HEADS UP Concussion Training Certificate, Current Lifeguard Training/Safety Training for Swim Coaches, CPR/AED, Standard First Aid certification; USAS Coaching Certification/ASCA Level 2 (or higher) and Water Safety Instructor Certification is a plus
- Competitive swimming and coaching experience required
- Experience with writing and creating workout plans
- Experience, patience, and enthusiasm working with children of all ages and abilities, parents and board members
- Excellent verbal and written communication skills
- Works well in a loud environment
- Works well with others